



Chakaura™
INSTITUTE OF SOUL
CHAKAURA.COM

User Guide

COMPLEX VITALITY



A NATURAL REMEDY
TO HELP COUNTERACT
SIDE EFFECTS FROM
CONVENTIONAL
MEDICATION,
ENVIRONMENTAL
TOXIN OVERLOAD AND
EMF EXPOSURE.

**PEOPLE ARE
SHARING SIMILAR
ENVIRONMENTAL
SIDE EFFECTS
FROM:**

**ENVIRONMENTAL SMOG
AND TOXIN BUILDUP
EMF EXPOSURE
CONVENTIONAL
MEDICATION SIDE
EFFECTS
GENERAL TOXIC
OVERLOAD**

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WHAT TO EXPECT WHEN TAKING COMPLEX VITALITY

People share...

Relief

Calming

Symptoms disappear

Clarity of Thought

Flu-like symptoms can dissipate

Pain relief

Emotional balance

Grounded perspective

Depressive moods lift

More energy

Better sleep

BETTER EVERYTHING...it's a miracle!

People report immediate positive results or within minutes of using the remedy.

OTHER SYMPTOMS

Reported Side Effects from Environmental & Medication Exposure

Common reported side effects from conventional medications and environmental exposure include:

- Pain and inflammation
- Fatigue and headaches
- Muscle pain, chills, fever and nausea

But that list isn't exhaustive.

People experiencing toxic overload and environmental exposure also report:

- Diarrhea, joint pain, swollen lymph nodes, hives, rashes and facial swelling

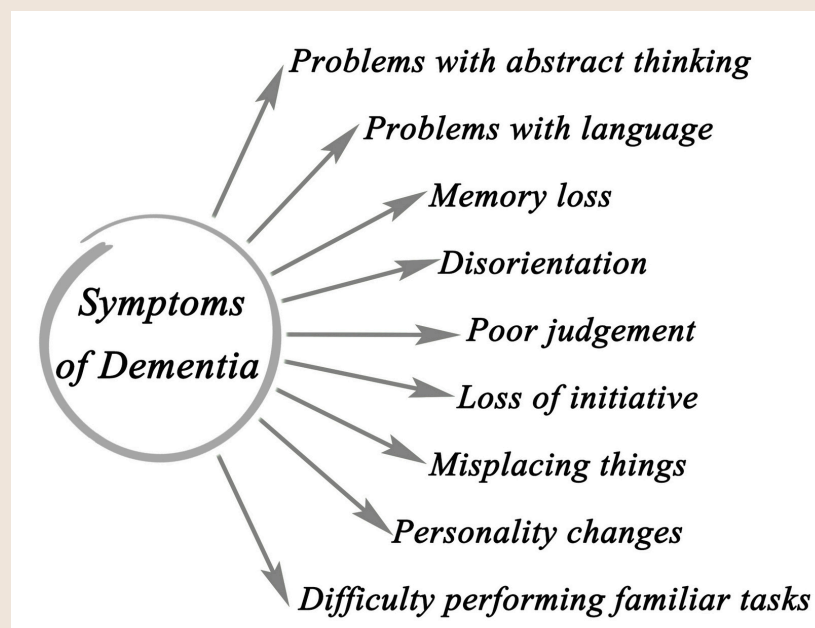


We are witnessing daily serious side effects from people energetically absorbing environmental toxins and stressors through Biofield transmission, adversely affecting people in close proximity to environmental sources. Long term exposure carries high risk potential to seriously harm anyone not properly managing this phenomenon.

"Risks from such exposure include chronic inflammation and thrombosis (clotting) in the neurological system, contributing to tremors, chronic lethargy, stroke, Bell's Palsy and ALS-type symptoms.

Environmental toxin exposure can potentially affect brain cells, resulting in delayed neuro-degenerative conditions. Long term exposure to environmental toxins can bind to brain tissue causing serious neurological impact."

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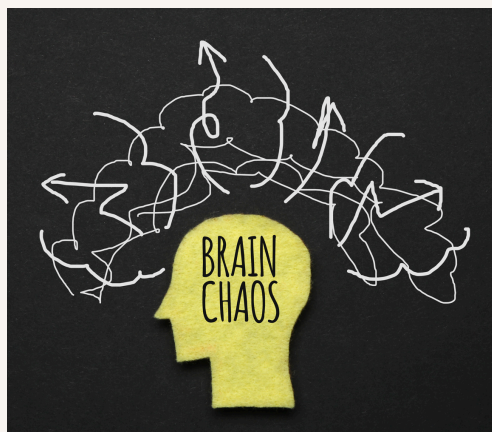
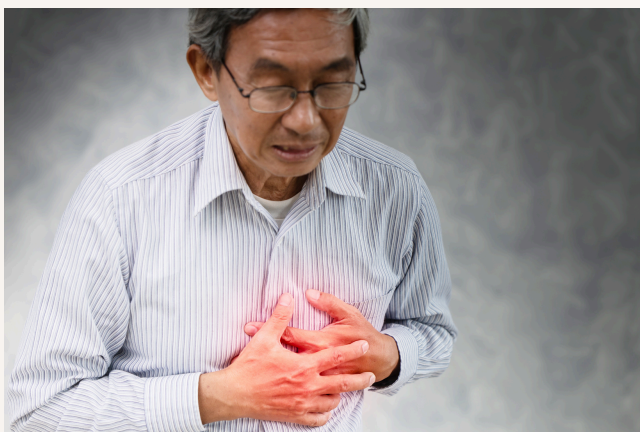


REPORTED SYMPTOMS



My many clients are reporting the following from being exposed to environmental toxins and energetic transmission side effects:

- Heavy chest pressure (like asthma attacks)
- PURE exhaustion, DRAINED
- Unexplained coughing. • Dry throat
- Sore throat, Sinus congestion; back of mouth top of plate burning
- Chest pressure • Hypoglycaemia type symptoms
- sudden Nausea, body pain, excess tiredness and fatigue
- Shingles attacks and symptoms
- Cysts
- Burning eyes; third eye eruption
- Nervous system stress (depression, bipolar type)
- lymph node and throat swelling
- Serious hair loss and scalp shedding
- Memory loss short term in spurts
- Bouts of sadness and can lead to depression that is unexpected and extreme and rapid making no sense
- Low energy thoughts, negative and very uncharacteristic with person unable to shake off and relate to..
- Spiritual depression, sense of loss, losing direction
- Inundated with very low energy ideas, feelings that do not seem right or our own..
- Irrational fear, paranoia, melancholy, reptilian brain responses





CHAKAURA ENERGETIKS COMPLEX VITALITY

In a bit of water, blend the Chakaura Complex V liquid in the following and take immediately. (30 minutes before or after drinking or a meal)

PN: never use metal utensils or containers with this product; the metal neutralizes the effect of the remedy.

MILD / ACUTE SYMPTOM PHASE

DIRECTIONS

Day 1: 20 drops to be taken in the morning (30 minutes before or after drinking or a meal and 20 drops to be taken in the evening (V).

or

Add 40 drops to a 500ml bottle of water (glass or plastic only) and sip all day to end. Repeat for 3 to 4 days as needed.

CHILDREN DOSAGE:

Infants and children up to 12 years of age can be administered half the adult dosage and less often as a general rule.

It is Safe for everyone in general
If you are uncertain, consult with a Certified Chakaura™ Practitioner.

CHRONIC SYMPTOM PHASE

DIRECTIONS

In approximately 50ml of water, blend the following and take immediately.

- **Day 1:** 20 drops to be taken in the morning, again in the afternoon and ending with another dose in the evening = 120 drops /day
- **Day 2 -3 :** 20 drops to be taken in the morning and in the evening = 40 drops /day
- **Day 4 to 7:** 20 drops to be taken in the evening before bed = 20 drops / day
- Give or take a few drops. You may also take an extra dose of 20 drops as needed if you feel the need and have symptoms that do not get eliminated to your satisfaction.

This is one course of treatment and there is up to 3 weeks of detoxing that will occur and therefore you must wait that time frame before you may do another course of treatment. Remember, this remedy supports the body in detoxifying side effects and environmental toxins. The detoxing signs are very similar to the symptoms of intoxication so please read all our directives carefully.

HOW TO USE

The Chakaura Energetiks Complex Vitality is an extraordinary remedy that aids the body on a physical and energetic level to detoxify and begin creating a natural healing response from:

- Environmental toxin accumulation
- Side effects from conventional medications
- Negative effects of EMF and environmental smog exposure
- Toxic overload affecting the endocrine and nervous systems
- Energetic transmission side effects from environmental sources

STEP ONE DETERMINE YOUR STATE

First you must determine which phase you are under then follow the suggested dosage.

1. **Mild/ Acute = 1 to 2 symptoms** with short-lived effects
2. **Chronic = 3 or more symptoms** with prolonged recurring effects

SYMPTOMS CAN BE:

- Chronic lethargy
- Pericarditis
- Shingles
- Pneumonia
- Vaginal bleeding and miscarriages
- Unusual fears, depressive type thoughts but make no sense
- Abnormal negative THINKING
- Ungrounded and unfocused
- Wide variety of autoimmune disease
- Vascular damage and/or disease
- Blood clots in the extremities and brain
- Chest pressure, heaviness
- Asthma like symptoms in chest area
- Stroke
- Bell's Palsy & ALS-type symptoms
- Migraines, headaches
- Increased glycolysis: Hypoglycemia type side effects (dizziness, passing out, weakness,)
- Chronic inflammation and thrombosis (clotting) in the neurological system
- Bipolar type symptoms, psychosis in spike long-term overloads
- Tremors

BE AWARE

Precautions and Considerations

This Chakaura Complex Vitality IS NOT a preventative medicine and CANNOT be used as a means to PROTECT YOU from energetic transmissions or the side effects often associated with environmental toxic exposure.

It was created to SUPPORT you in DETOXING any unhealthy side effects from environmental toxin overload, conventional medication side effects, and energetic transmission through environmental contact.



If after 3 days your symptoms worsen, with absolutely no improvement, we suggest you contact your health physician or consult with a Chakaura™ Trained Practitioner to review other ways you can support this.

Place an order by emailing us at:

PRECAUTION\ ATTENTION: If you are experiencing serious side effects, please see your family physician or go to emergency immediately. The above is support only and does not replace medical attention or treatment.

RESULTS: The effect of this product may be immediate (minutes to hours), or one or more days may be needed for its full effect.